



# **Guelph Soccer**

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## **House League Rules U10&11**

### **1. Referees**

- Guelph Soccer will assign referees to age groups U10 and up.
- The referee's decision is final. Guelph Soccer will not tolerate abuse of any Game Official. Any referee abuse will be reported immediately to the club with the individual potentially facing disciplinary actions.
- All participants must respect the referees, including players, coaches and parents. The referee has authority to ask a disrespectful person to leave the field.
- In the event that a referee does not show up to officiate a game:
  - Each team will provide a referee for ½ of the game unless the coaches agree on an official for the entire game
  - Email communication must be sent to the club by both coaches within 24hrs to notify the club of a referee no-show
  - No games will be re-scheduled due to a referee no show

### **2. Uniform**

- Players must wear the full uniform provided by Guelph Soccer. This includes proper shirt, shorts and socks.
- Players must wear shin guards for the duration of all practices and games.
- Outdoor soccer cleats are strongly recommended however running shoes are acceptable. Metal studs will not be permitted.
- No jewelry of any kind can be worn, with the exception of a medical alert which must be secured down. If a player has a medical alert please inform the referee. The referee will deny a player the opportunity to play a game if jewelry is not removed.
- No hats may be worn except for the goalkeeper. In such a case, the hat must have a soft brim.

### **3. Game Duration**

- Game start time is 7:00 p.m.
- The duration of outdoor games is as follows:

<b>Age group</b>	<b>Game duration</b>
U8 & 9	2x20 mins
U10 & U11	2x25 mins
U12 & U13	2x35 mins
U14+	2 x45 mins

### **4. Age Specific Rules**

- There are no offside's.
- Maximum of 7 players on the field (including a goalkeeper)
- The retreat line is at 1/3 of the field

- RETREAT LINE: On goal kicks only, the opposing team must position all players behind this line. The opposition is allowed to cross over this line once the ball has been released from the goalkeeper's foot.
- 4.5 4 up 1 up is in use
  - 4 UP 1 UP: When a team is losing by 4 goals another player can be added to the number of players on the field. It is a simple conversation between the two coaches and the referee identifying that they are adding the extra player because the squad is losing by 4 goals. When the goal difference goes back to 3 goals the extra player is removed. If goal difference goes to 8 goals, a second player is added.

## **5. Ball Size**

U10 & U11 play with a size 4 ball

## **6. Location of Players, Team Officials and Spectators**

- Only players and team officials registered with Guelph Soccer are allowed on the team bench.
- Coaches and players must be at the designated technical area (bench) on one side of the field.
  - In the event that a field does not have a bench, coaches and players should be on the opposite side of the field from the spectators
  - Coaches must stay in their technical area, they are not allowed to be behind either goal.
  - In all age groups, parents should not leave children unattended at games. Coaches must notify all parents of this.

## **7. Grace Period**

- A grace period of ten minutes will be allowed in the event that a team has less than 5 players for 7-a-side play at the appointed kick-off time.
- In the event that both teams have less than the minimum required players:
  - Teams are encouraged to play an exhibition game, with those players who have come out. Teams can be mixed for fair play.
  - The game will not be rescheduled

## **8. Substitutions**

Unlimited substitutions are allowed during stoppages in play with the permission of the referee. The coach must request a substitution and the referee must allow it, otherwise players leaving or entering the field of play without permission may receive a caution. Multiple cautions to the same player or team may result in disciplinary action by Guelph Soccer.

## **9. Standings**

No standings are kept in this age group, the focus is on skill development and fun.

## **10. Game Sheets**

- Game sheets are required to be signed and submitted to the referee 10 minutes prior to the start of each game. Game sheets can be printed from PowerUp.
- Only coaches and players who are at the scheduled game and are eligible to play should be recorded on the game sheet.
- Game sheets are kept by the referees and given directly to the club.

## 11. Game Reporting

- It is the responsibility of the referee to report on game results.
- Guelph Soccer does not reschedule games for any reason.
- Games cancelled when two thirds of the game has been played, are considered final.

## 12. Code of Conduct

- All parents, players and coaches agree to abide by the Guelph Soccer Code of Conduct.

## 13. Inclement Weather

- In the event of inclement weather and thunderstorms, the following procedure applies;
- If thunder is heard or lightning is seen well before kickoff, the 30 minute wait time can be observed to allow the match to start within 15 minutes of the original kick off then the match may be played.
- If thunder is heard or lightning is seen during the match, the game will be stopped immediately. All participants and spectators should vacate the field and quickly get to a safe location. Games are then considered cancelled. Guelph Soccer does not reschedule games due to inclement weather. **It is the decision of the referee (or coach in the absence of a referee) to suspend or abandon the game.**

## 14. Discipline

- Guelph Soccer's Discipline Committee will review all matters within the House League Program.
- A player who received a red card must leave the field of play and the bench area immediately and move to the spectators' side. All players receiving a red card will automatically receive a one game suspension and may receive further disciplinary action in line with their offence. If the referee decides on said punishment, coaches must support the decision at the time.
- Any coach, manager, team or club official ejected from a game must attend a hearing by the Discipline Committee.
- Any player, coach or individual under suspension as a result of disciplinary action, shall not be allowed to participate in any soccer games or practices until the suspension has been served.