



***2022 Summer House
League Coach Workshop***

U4, U5, U6 & U7



Agenda

1. Coaching for fun
2. The role of the coach
3. Measuring success
4. Game play and rules
5. Uniforms and equipment
6. PowerUp team official features
7. Parent communication
8. Coach requirements
9. Important dates
10. Coach support





Before we begin...

1. This session will be recorded
2. The recording will only be shared with summer house league coaches
3. Please keep your microphone on mute (to reduce noise/feedback)
4. Please place questions in the chat (FAQ to be shared later this week)





Coaching for Fun: The Importance Behind it



**"9 out of 10 children
say fun is the main
reason they
participate in sports"
~ Project Play**



The Role of the Coach



Coaches can be:

- Motivators
- Role models
- Mentors
- Supporters



Why do you coach?

- Connect with your child and community
- Develop new skills
- Serve as a role model
- Share your love of the sport with young athletes



How Do We Measure Success?



- 1** Arrive organized and prepared
- 2** Be mindful of message & tone
- 3** Re-Defining Success:
Did your team have fun?



Game Play & Rules



UNDER 5

UNDER 4

UNDER 6

UNDER 7





Game Play & Rules

- Equal playing time - ensure every player gets to play the same amount of time on the field
- Game play format is 3 v 3
- There are NO goalkeepers
- Coaches can be on field to help monitor their half and work together to help facilitate the flow of the game
- Have fun!!!

***U4, U5,
U6 & U7
AGE GROUPS***

U4 & U5's (9-week season)

- Arrival Game (15 mins)
- Technical or Physical Activity (10 mins)
- Small-Sided Game (20 mins)

U6 & U7's (13-week season)

- Arrival Game (15 mins)
- Technical or Physical Activity (15 mins)
- Small-Sided Game (25 mins)



Uniforms



Uniform pick up

- On Wednesday, May 25th from 12pm-8pm (at our office)

Hand out uniforms and soccer balls at first game

- Wait until all players show up before handing out team items

Helpful tips

- Line up players to help with sizing or ask players their preferred size





Equipment



Players should arrive to each game with the following:

1. Uniform (jersey, shorts, and socks - **to be provided at first game**)
2. Shinpads
3. Appropriate footwear (we recommend soccer cleats)
4. Soccer ball (**to be provided at first game**)
5. Water

*No jewelry permitted.












PowerUp Team Official Features



POWERUP ?

  **Guelph Soccer**
MEMBER ZONE

Guelph  20° Mostly Cloudy 19°/28°    

Jun 21, 2021

[Log In](#)

[Support](#)

[How To Register](#)

[How To Register](#)

[FAQ](#)

Welcome to the [Guelph Soccer](#) {Registration_S

New Power Up members need to create an account
Click the Sign Up button to the right to get started.

Registering a Team?
Click the Sign Up button to the right to get started.

Existing Member?
Log in on the right, or use the password reminder to reset your password and have it emailed to you.

[Log In](#) [Sign Up](#)

Email Address

Password

[Log In](#)

Forgot your password?
Please enter your email address below to reset your password.

<https://guelphsoccer.powerupsports.com/>



Volunteer Application Form

The screenshot shows the Guelph Soccer Member Zone website. At the top, there is a header with the Guelph Soccer logo and the text "Guelph Soccer Member Zone". Below the header, there is a weather widget for Guelph showing 28° Mostly Cloudy with a high/low of 14°/16°. To the right of the weather widget are social media icons for Facebook, Twitter, Instagram, and a calendar icon. Below the weather and social media icons is a navigation bar with a "Select a Role:" dropdown menu currently set to "Team Official:HL". Below the navigation bar is a main menu with several options: "Home", "Family Calendar", "Volunteer Now!" (which is circled in red), "Team Official Application", "Volunteer Application", and "Game Official Application". To the right of the main menu is a "Registration Centre" section with a "Register Now!" button. Below the "Registration Centre" header are two main categories: "Player Registrations" and "Teams & Tournaments". Below these categories is a blue banner that says "Player Registrations Available" and a link for "2021-2022 REP Guest Player Fee".

- <https://guelphsoccer.powerupsports.com/>
- Once you have logged into your profile, you can volunteer with the club by clicking the **VOLUNTEER NOW** tab in the main menu
- Please select '**Team Official Application**' from the options displayed



Volunteer Application Form

May 15, 2022

- Home
- Family Calendar
- Volunteer Now! ▼
 - Team Official Application**
 - Volunteer Application
 - Game Official Application
- Payments/Receipts
- Account Settings
- Register Now
- Profile ▼
- Support

Team Official Application

THANK YOU IN ADVANCE FOR YOUR SUPPORT!!

To participate as a volunteer with the Guelph Soccer for an active or upcoming season click APPLY NOW where available below.

If you require assistance or have questions about volunteering please contact the office customerservice@guelphsoccer.ca.

Caitlin Dunsmore

2021-22 Rep Program Team Official Application	Apply Now
2022 Summer Outdoor House League Team Official Application	Apply Now

- <https://guelphsoccer.powerupsports.com/>
- Select '2022 Summer Outdoor House League Team Official Application'
- Click 'Apply Now', fill out the application details, and click submit



Member Zone



The screenshot shows the PowerUp Sports Member Zone interface. At the top, there is a black navigation bar with the 'POWERUP' logo in blue and yellow, and a user profile for 'Joe Coach' with a question mark icon. Below this is a white header for 'Demoville Soccer Club Member Zone' with a small soccer club icon. A blue horizontal bar contains weather information for Toronto (17° Mostly Cloudy, 21°/15°), social media icons for Twitter, YouTube, and a calendar, and a shopping cart icon with the number '2'. At the bottom, a brown bar contains a 'Select a Role:' dropdown menu with two options: 'Team Official:HL' and 'Convenor', both with external link icons.

- <https://guelphsoccer.powerupsports.com/>
- When you log in, you will land on the Member Zone Home Page
- Access to your profile and tools is via the Select a Role menu towards the top of the screen
- Click the Team Official in the menu to access your profile



Member Zone

Demoville Soccer Club 2018 Outdoor HL



MZ Home Contacts Manage Schedule Players Club Tools Joe Coach: Team Official:HL

Active Team: **England**

Roster Player Ratings Schedule Game Sheets Mass Email Facilities Attendance Tracking


Club Hub


Joe Savoie
September 9, 2017
Attention Competitive Coaches: Please use the attached Try Out form for the coming assessments.

 2018_Competitive_Try_Out_Form.pdf 

Joe Savoie
September 9, 2017
All games and practices are a go tonight. The sun is shining and the fields are almost dry.


Set Your Active Team


U14B Division 1 England 

U10B Division 1 Argentina 

Active Team set to England

Resource Hub

FUNDamentals 
5 resources

Learn to Train 
5 resources



Team Roster

GET TO KNOW YOUR PLAYERS

Demoville Soccer Club 2018 Outdoor HL

MZ Home Contacts Manage - Schedule - Players - Club Tools - Joe Coach: Team Official:HL -

Active Team: England

Roster Player Ratings Schedule Game Sheets Mass Email Facilities Attendance Tracking

Team Roster

Team Roster

Team: England Code: TD9999

Division: Division 1 Sponsor: n/a

Category: U14B

Roster Officials & Volunteers Team Notes

	Derek Elder norm.elder@test.com (416) 555-6003	1
	M 2004/09/06 2017/09/07	

- View roster and fellow team officials (Co-coaches)
- Print team roster using the printer icon in the upper right-hand corner



Team Schedule

GAMES FOR THE SEASON

Demoville Soccer Club 2018 Outdoor HL

MZ Home Contacts Manage - Schedule - Players - Club Tools - Joe Coach: Team Official:HL -

Active Team: Argentina

Roster Player Ratings **Schedule** Game Sheets Mass Email Facilities Attendance Tracking

Event Calendar - June 2018 - U10Boys

Team Calendar

2017 Previous Month June 2018 Next Month 2019

U10Boys - Select Division - - Select Facility -

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 8:00 AM - 9:00 AM ⚡ Cherry Beach Fields Cherry Beach 1 12:00 PM - 1:00 PM ⚡ Regent Park	6	7	8 Season Blackout 12:00am - 12:00am	9



- Use orange icons to choose calendar set up
- If coaching more than one team, use drop-down menu to select desired schedule



Mass Email

COMMUNICATE WITH FAMILIES

Send Mass Email

Select Recipients → Compose Message → Review & Send Email →

* This communication tool is solely for the purpose of contacting active participants in THIS season. ALL selected recipients WILL be emailed, regardless of their communication preferences (CASL).

Please use the [Registration Mass Emailer](#) for any communication not related to this season.

Teams

Choose desired team(s)

[all](#) / [none](#)

Team Based Recipient List

[Reset](#)

U10B Division 1 Argentina ()
U14B Division 1 England ()

U10B Division 1 Argentina () **** 3 email addresses added

Send Email to:

Check at least one box below ★

Parents/Players

Coaches

Asst. Coaches

Managers

Team Official:HL

Team Official:REP

Custom Roles

Custom Roles

Convenors

Volunteers

*Recipients will be **automatically selected** when building the email. **Duplicates** will be automatically removed.

Add Email Addresses

Reset Selections

Compose Message

- Team officials have access to email their team(s) and/or fellow team officials.
- Prepare your mailing list:
 1. SELECT ONE (OR MORE TEAMS) TO BE EMAILED
 2. SELECT WHO GETS THE EMAIL. YOU CAN MIX AND MATCH BASED ON THE NATURE OF YOUR COMMUNICATION
 3. CLICK ADD EMAIL ADDRESSES
 4. CLICK COMPOSE MESSAGE





Mass Email

COMMUNICATE WITH FAMILIES

Send Mass Email


Select Recipients → Compose Message → Review & Send Email →

Recipients: 3 Recipients [See All Recipients](#)

Reply To: joe.savoie@

Attachments: ← The maximum file size for attachments is 2Mb

★ Subject: ←

Body: 

↑



- Composing your message:
 1. THE SENDER WILL BE YOUR EMAIL, AS WILL THE REPLY TO
 2. YOU CAN ADD ATTACHMENTS
 3. ENTER A SUBJECT
 4. COMPOSE THE BODY
- If complete, you can click review and send or you can save as a draft to review and send later.



Player Ratings

HELP US BALANCE TEAMS

Demoville Soccer Club 2018 Outdoor HL

MZ Home Contacts Manage Schedule Players Club Tools Joe Coach: Team Official:HL

Active Team: England

Roster **Player Ratings** Schedule Game Sheets Mass Email Facilities Attendance Tracking

Player Ratings

Division 1 (Non-Tier)

Name	DOB	OSA#	Jersey No.	Preferred Position	Goalkeeper	Category Rating	Note	Rating within Team	Recommend for Tier Group
Derek Elder	2004/09/06			-----	No	-----		-----	No
Jeff Prescott	2004/04/09	23		-----	No	-----		-----	No
Leon Snow	2004/03/11	44		-----	No	-----		-----	No
Julian Spence	2004/06/10			-----	No	-----		-----	No

Save

- Input player ratings (near end of the season)
- Ratings will be used in future seasons to assist with balancing teams
- If desired, you can record jersey numbers



End of Season



Wrapping Up The Season

- Complete player ratings
- Coach feedback survey
- Return leftover items to the club:
 - Extra uniforms
 - Soccer balls
 - Cones
 - Etc.

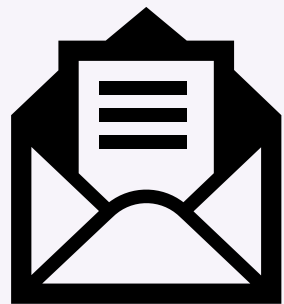
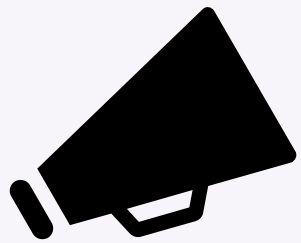


Parent Communication

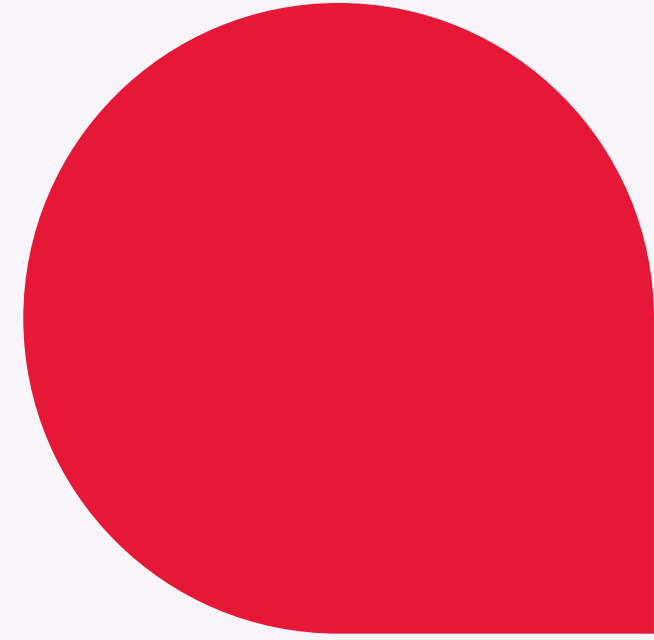


Please send an email introducing yourself to your players and parents.

Things to include are:



- A little about yourself
- Team name/colour
- Date and time of your first game
- What players need to bring/wear
- What players will receive
- Encourage parent communication

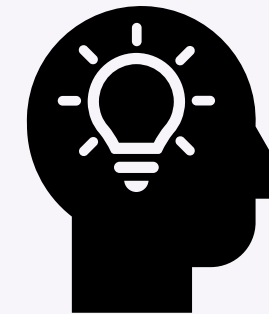
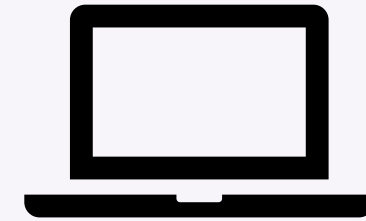




Coaching Requirements

Please complete the following:

- Online volunteer application in PowerUp
- Valid police check (within 2 years)
- Respect in Sport Module
- Making Headway Module



Send confirmation of coach requirements to: caitlin.dunsmore@guelphsoccer.ca



Important Reminders & Updates



Access to Team official features (in PowerUp): Access will be provided by 10:00am on Tuesday, May 24th

Uniform pick up: Wednesday, May 25th from 12pm-8pm (160 Southgate Drive, Unit 2, in Guelph)

Parent communication: Please send a welcome email to your team by Wednesday, May 25th (end of day)

House league (start week): Monday, May 30th