



***2022 Summer House  
League Coach Workshop***

**U14/15 & U16-18**



# *Agenda*

1. Coaching for fun
2. The role of the coach
3. Measuring success
4. Game play and rules
5. Uniforms and equipment
6. PowerUp team official features
7. Parent communication
8. Coach requirements
9. Important dates
10. Coach support





## ***Before we begin...***

1. This session will be recorded
2. The recording will only be shared with summer house league coaches
3. Please keep your microphone on mute (to reduce noise/feedback)
4. Please place questions in the chat (FAQ to be shared later this week)





# ***Coaching for Fun: The Importance Behind it***



**"9 out of 10 children  
say fun is the main  
reason they  
participate in sports"  
~ Project Play**



# ***The Role of the Coach***



Coaches can be:

- Motivators
- Role models
- Mentors
- Supporters



Why do you coach?

- **Connect with your child and community**
- Develop new skills
- Serve as a role model
- **Share your love of the sport with young athletes**



# *How Do We Measure Success?*



- 1** Arrive organized and prepared
- 2** Be mindful of message & tone
- 3** Re-Defining Success:  
Did your team have fun?



# U14/15 & U16-18 Rules



UNDER  
14/15

UNDER  
16-18





# ***Rules***

- Remember to print and bring a game sheet each week
- Equal playing time
- U14/15 & U16-18 play 11 v 11 (including a goalkeeper)
- Referees are scheduled for U10+ games, but due to shortages, coaches may have games without one
- Have fun!!!

***U14/15***

***& U16-18***

***AGE GROUPS***

**U14/15 & U16-18**

**Each week there is a 90-minute game - 2x45 minute halves**





# *Uniforms*



## Uniform pick up

- On Wednesday, May 25th from 12pm-8pm (at our office)

## Hand out uniforms and soccer balls at first game

- Wait until all players show up before handing out team items

## Helpful tips

- Line up players to help with sizing or ask players their preferred size



# Equipment



Players should arrive to each game with the following:

1. Uniform (jersey, shorts, and socks - **to be provided at first game**)
2. Shinpads
3. Appropriate footwear (we recommend soccer cleats)
4. Soccer ball (**to be provided at first game**)
5. Water

\*No jewelry permitted.












# PowerUp Team Official Features





**POWERUP** ?


  Guelph Soccer  
**MEMBER ZONE**


Guelph  20° Mostly Cloudy 19°/28°    


Jun 21, 2021

 Log In

 Support

 How To Register

 How To Register

 FAQ

Welcome to the [Guelph Soccer](#) {Registration\_S

New Power Up members need to create an account  
Click the Sign Up button to the right to get started.

Registering a Team?  
Click the Sign Up button to the right to get started.

Existing Member?  
Log in on the right, or use the password reminder to reset your password and have it emailed to you.

Log In Sign Up

Email Address

Password

Log In

Forgot your password?  
Please enter your email address below to reset your password.

<https://guelphsoccer.powerupsports.com/>



# Volunteer Application Form

Guelph Soccer  
Member Zone

Guelph 28° Mostly Cloudy 14°/16°

Select a Role: Team Official:HL

May 15, 2022

Home

Family Calendar

**Volunteer Now!**

Team Official Application

Volunteer Application

Game Official Application

Registration Centre

Register Now!

Player Registrations

Teams & Tournaments

Player Registrations Available

2021-2022 REP Guest Player Fee

- <https://guelphsoccer.powerupsports.com/>
- Once you have logged into your profile, you can volunteer with the club by clicking the **VOLUNTEER NOW** tab in the main menu
- Please select '**Team Official Application**' from the options displayed



# Volunteer Application Form

May 15, 2022

- Home
- Family Calendar
- Volunteer Now! ▼
  - Team Official Application**
  - Volunteer Application
  - Game Official Application
- Payments/Receipts
- Account Settings
- Register Now
- Profile ▼
- Support

## Team Official Application

**THANK YOU IN ADVANCE FOR YOUR SUPPORT!!**

To participate as a volunteer with the Guelph Soccer for an active or upcoming season click APPLY NOW where available below.

If you require assistance or have questions about volunteering please contact the office [customerservice@guelphsoccer.ca](mailto:customerservice@guelphsoccer.ca).

Caitlin Dunsmore

2021-22 Rep Program Team Official Application	Apply Now
2022 Summer Outdoor House League Team Official Application	Apply Now

- <https://guelphsoccer.powerupsports.com/>
- Select '2022 Summer Outdoor House League Team Official Application'
- Click 'Apply Now', fill out the application details, and click submit



## Member Zone



The screenshot shows the PowerUp Sports Member Zone interface. At the top, there is a black navigation bar with the 'POWERUP' logo in blue and yellow, and a user profile for 'Joe Coach' with a dropdown arrow and a help icon. Below this is a white header for 'Demoville Soccer Club Member Zone' with a small soccer club icon. A blue utility bar contains weather information for Toronto (17° Mostly Cloudy, 21°/15°), social media icons for Twitter, YouTube, and a calendar, and a shopping cart icon with the number '2'. At the bottom, a brown 'Select a Role:' menu is open, showing options for 'Team Official:HL' and 'Convenor', both with external link icons.

- <https://guelphsoccer.powerupsports.com/>
- When you log in, you will land on the Member Zone Home Page
- Access to your profile and tools is via the Select a Role menu towards the top of the screen
- Click the Team Official in the menu to access your profile



*Member Zone*

**Demoville Soccer Club** 2018 Outdoor HL

MZ Home Contacts Manage Schedule Players Club Tools Joe Coach: Team Official:HL

Active Team: **England**

Roster Player Ratings Schedule Game Sheets Mass Email Facilities Attendance Tracking

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### Club Hub

**Joe Savoie**  
September 9, 2017  
Attention Competitive Coaches: Please use the attached Try Out form for the coming assessments.

2018\_Competitive\_Try\_Out\_Form.pdf

**Joe Savoie**  
September 9, 2017  
All games and practices are a go tonight. The sun is shining and the fields are almost dry.

#### Set Your Active Team

U14B Division 1 England

U10B Division 1 Argentina

Active Team set to England

#### Resource Hub

FUNDamentals   
5 resources

Learn to Train   
5 resources



## Team Roster

GET TO KNOW YOUR PLAYERS

Demoville Soccer Club 2018 Outdoor HL

MZ Home Contacts Manage - Schedule - Players - Club Tools - Joe Coach: Team Official:HL -

Active Team: England

Roster Player Ratings Schedule Game Sheets Mass Email Facilities Attendance Tracking

### Team Roster

Team Roster

Team: England Code: TD9999

Division: Division 1 Sponsor: n/a

Category: U14B

Roster Officials & Volunteers Team Notes

	<b>Derek Elder</b> norm.elder@test.com (416) 555-6003	1
	M   2004/09/06 2017/09/07	

- View roster and fellow team officials (Co-coaches)
- Print team roster using the printer icon in the upper right-hand corner





# Team Schedule

## GAMES FOR THE SEASON



Demoville Soccer Club 2018 Outdoor HL

MZ Home Contacts Manage Schedule Players Club Tools Joe Coach: Team Official:HL

Active Team: Argentina

Roster Player Ratings **Schedule** Game Sheets Mass Email Facilities Attendance Tracking

### Event Calendar - June 2018 - U10Boys

Team Calendar

2017 Previous Month June 2018 Next Month 2019

U10Boys - Select Division - - Select Facility -

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5 8:00 AM - 9:00 AM Cherry Beach Fields Cherry Beach 1 12:00 PM - 1:00 PM Regent Park	6	7	8 Season Blackout 12:00am - 12:00am	9

- Use orange icons to choose calendar set up
- If coaching more than one team, use drop-down menu to select desired schedule



## Game Sheets

PRINT AND BRING EACH WEEK

Demoville Soccer Club 2018 Outdoor HL

MZ Home Contacts Manage Schedule Players Club Tools Joe Coach: Team Official:HL

Active Team: Argentina

Roster Player Ratings Schedule **Game Sheets** Mass Email Facilities Attendance Tracking

### Game Sheets

Gamesheets

There are no games to generate game sheets for this date. You may have to confirm some games first.

Select a date: May 9, 2018

blank team all

Making a selection above will automatically submit your request



- Game sheets automatically populate with the following:
  1. TEAM OFFICIALS LISTED FOR EACH TEAM
  2. GAME DETAILS: LOCATION, TIME, AND DATE
  3. ROSTER DETAILS FOR BOTH TEAMS
  4. SPACE FOR NOTES
- Option to print blank game sheets or sheets with only your team info



## Mass Email

COMMUNICATE WITH FAMILIES



### Send Mass Email

Select Recipients → Compose Message → Review & Send Email →

\* This communication tool is solely for the purpose of contacting active participants in THIS season. ALL selected recipients WILL be emailed, regardless of their communication preferences (CASL).  
Please use the [Registration Mass Emailer](#) for any communication not related to this season.

Teams

Choose desired team(s) [all](#) / [none](#) Team Based Recipient List [Reset](#)

U10B Division 1 Argentina ()  
U14B Division 1 England ()

Send Email to: Check at least one box below ★

<input checked="" type="checkbox"/> Parents/Players	<input type="checkbox"/> Coaches
<input type="checkbox"/> Asst. Coaches	<input type="checkbox"/> Managers
<input type="checkbox"/> Team Official:HL	<input type="checkbox"/> Team Official:REP
<input type="checkbox"/> Custom Roles	<input type="checkbox"/> Custom Roles
<input type="checkbox"/> Convenors	<input type="checkbox"/> Volunteers

U10B Division 1 Argentina () \*\*\*\* 3 email addresses added

\*Recipients will be **automatically selected** when building the email. **Duplicates** will be automatically removed.

[Add Email Addresses](#) [Reset Selections](#) [Compose Message](#)

- Team officials have access to email their team(s) and/or fellow team officials.
- Prepare your mailing list:
  1. SELECT ONE (OR MORE TEAMS) TO BE EMAILED
  2. SELECT WHO GETS THE EMAIL. YOU CAN MIX AND MATCH BASED ON THE NATURE OF YOUR COMMUNICATION
  3. CLICK ADD EMAIL ADDRESSES
  4. CLICK COMPOSE MESSAGE



## Mass Email

COMMUNICATE WITH FAMILIES

### Send Mass Email


Select Recipients → Compose Message → Review & Send Email →

Recipients: 3 Recipients [See All Recipients](#)

Reply To: joe.savoie@

Attachments:  ← The maximum file size for attachments is 2Mb

★ Subject: ←

Body: 

↑



- Composing your message:
  1. THE SENDER WILL BE YOUR EMAIL, AS WILL THE REPLY TO
  2. YOU CAN ADD ATTACHMENTS
  3. ENTER A SUBJECT
  4. COMPOSE THE BODY
- If complete, you can click review and send or you can save as a draft to review and send later.



## Player Ratings

HELP US BALANCE TEAMS

Demoville Soccer Club 2018 Outdoor HL

MZ Home Contacts Manage Schedule Players Club Tools Joe Coach: Team Official:HL

Active Team: England

Roster **Player Ratings** Schedule Game Sheets Mass Email Facilities Attendance Tracking

### Player Ratings

Division 1 (Non-Tier)

Name	DOB	OSA#	Jersey No.	Preferred Position	Goalkeeper	Category Rating	Note	Rating within Team	Recommend for Tier Group
Derek Elder	2004/09/06			----- ▾	No ▾	----- ▾		----- ▾	No ▾
Jeff Prescott	2004/04/09	23		----- ▾	No ▾	----- ▾		----- ▾	No ▾
Leon Snow	2004/03/11	44		----- ▾	No ▾	----- ▾		----- ▾	No ▾
Julian Spence	2004/06/10			----- ▾	No ▾	----- ▾		----- ▾	No ▾

Save

- Input player ratings (near end of the season)
- Ratings will be used in future seasons to assist with balancing teams
- If desired, you can record jersey numbers



# ***End of Season***



## **Wrapping Up The Season**

- **Complete player ratings**
- **Coach feedback survey**
- **Return leftover items to the club:**
  - **Extra uniforms**
  - **Soccer balls**
  - **Cones**
  - **Etc.**

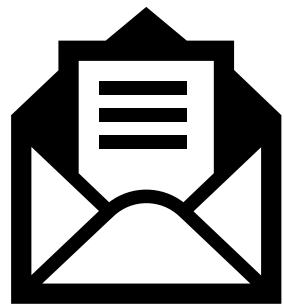
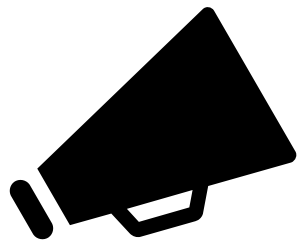


# *Parent Communication*

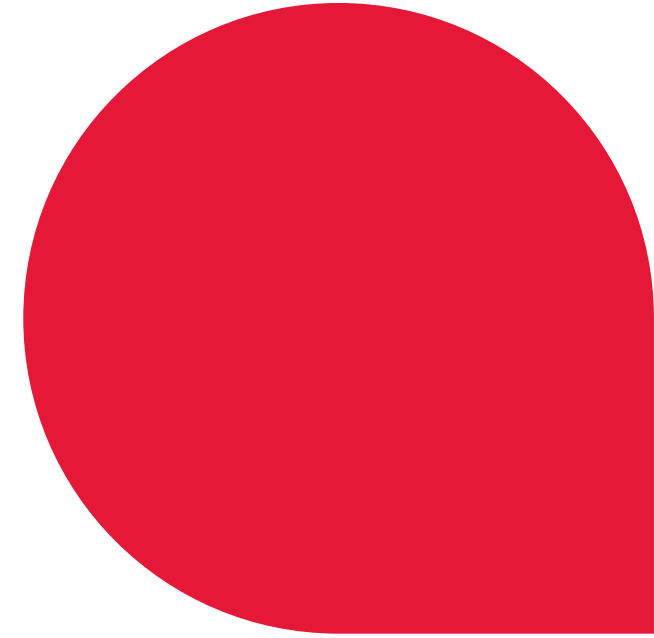


Please send an email introducing yourself to your players and parents.

Things to include are:



- A little about yourself
- Team name/colour
- Date and time of your first game
- What players need to bring/wear
- What players will receive
- Encourage parent communication

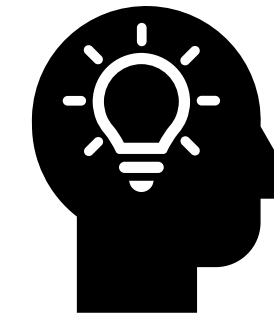




# *Coaching Requirements*

Please complete the following:

- Online volunteer application in PowerUp
- Valid police check (within 2 years)
- Respect in Sport Module
- Making Headway Module



Send confirmation of coach requirements to: [caitlin.dunsmore@guelphsoccer.ca](mailto:caitlin.dunsmore@guelphsoccer.ca)





# *Important Reminders & Updates*



**Access to Team official features (in PowerUp):** Access will be provided by 10:00am on Tuesday, May 24th

**Uniform pick up:** Wednesday, May 25th from 12pm-8pm (160 Southgate Drive, Unit 2, in Guelph)

**Parent communication:** Please send a welcome email to your team by Wednesday, May 25th (end of day)

**House league (start week):** Monday, May 30th